

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lauren Freemantle**

Has successfully participated & completed the  
**5km Shift Winter Trail Series - Race 2 of 3**  
held at Walter Sisulu Garden.

**TIME 00:29:12**

**PACE 05:49/km**  
**OVERALL 7 of 58**

**GENDER 3 of 37**  
**OPEN 2 of 22**

10 June 2018, Sun

Date



*BoutTime*

Signature

